



Ironmen surf into Venus Bay

TWO of Australia's most celebrated athletes will take to local waves this January at the Venus bay Surf Life Saving Club.

Ky Hurst, the winner of seven Australian Ironman titles, and his coach Phil Clayton who was the 2000 World Ironman Champion and current World and Australian Board Rescue Champion, will join the club for an evening on Tuesday, January 5.

The athletes will give free training sessions over the two days they will be in town, while the evening will include motivational speeches that will detail their involvement in surf life saving and their Olympic careers.

Kimberley Stewart, chief instructor at the Venus Bay Surf Life Saving Club said they wrote a letter to Ky and managed to secure the two of them.

"It's so great that they will be donating their time," she said.

"Things like this are always great for the club."

By Bonnie McRae

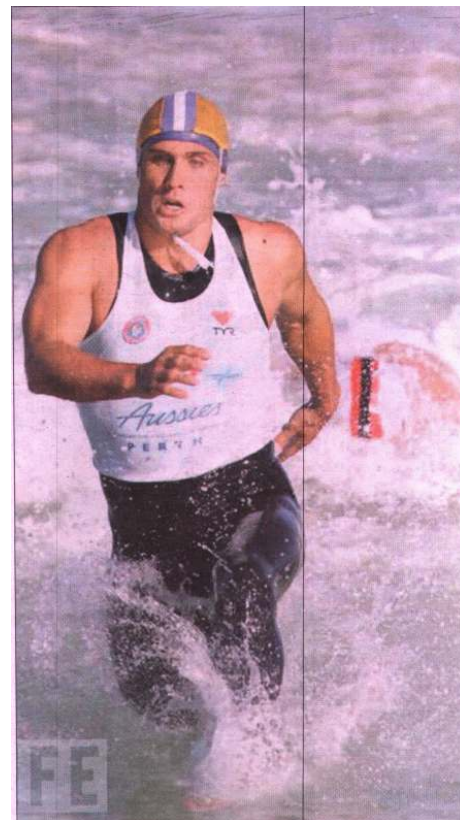
Venus Bay Surf Life Saving Club Junior and Nippers Coordinator, David Cumming, said by Ky sharing what it takes to become one of the most acclaimed ironmen in the history of surf lifesaving, people will really be encouraged and inspired.

"Ky and Phil will give sessions on board paddling, swimming, surf training and all facets of the water for competitors from all local surf life saving clubs," he said.

"This visit is the opportunity of a lifetime for anyone keen on this sort of competition."

Ky and Phil, who represent the elite of surf lifesaving, already have the club alive with anticipation, and with only 150 places available for the evening session, bookings are going quickly.

All local clubs have the opportunity to come along for the one-off experience.



Ironman Champion Ky Hurst will be attending the Venus Bay Surf Life Saving Club on January 5 and 6.